



# EAGENCOURSE

Obesity – metabolic and nutritional  
problem in Western and Eastern Europe

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***October 24<sup>th</sup> – 26<sup>th</sup>, 2014***  
***Hotel Kvarner, Opatija, Croatia***



# Invitation

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## **Dear Colleagues**

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We cordially invite You to the EAGEN Course *Obesity – metabolic and nutritional problem in Western and Eastern Europe* which will take place in Opatija, Croatia on October 24-26, 2014.

The programme will include many interesting topics covering obesity problem from metabolic and nutritional point of view. To bring you the latest findings and global perspectives we invited internationally renowned faculties from EAGEN (European Society for Gastroenterology, Endoscopy and Nutrition) but also from Croatian Society for Gastroenterology, Croatian Medical Association, Croatian Society of Obesity, Croatian Association for Diabetes and Metabolic Disorders and Croatian Society of Endocrinology. The course is organised under the auspices of United European Gastroenterology (UEG) and Croatian Academy of Medical Sciences.

On course we expect many participants from Croatia and other Central and South-Eastern European countries, so we hope that this meeting will represent an important platform for regional exchange of new ideas in the field of obesity.

Kind regards and welcome to Opatija!

Course Directors:

Chair EAGEN Education Committee

President of Croatian Society of Obesity

*Prof. Peter Malfertheiner*



*Prof. Davor Štimac*



## Course Directors

Chair EAGEN Education Committee  
Peter Malfertheiner

President of Croatian Society of Obesity  
Davor Štimac

## Scientific Committee

Željka Crnčević Orlić (Croatia)  
Petr Dite (Czech Republic)  
Heinz Hammer (Austria)  
Željko Krznarić (Croatia)  
Milan Kujundžić (Croatia)  
Lars Lundell (Sweden)  
Peter Malfertheiner (Germany)  
Tomica Milosavljević (Serbia)  
Dario Rahelić (Croatia)  
Jaroslaw Regula (Poland)  
Davor Štimac (Croatia)  
Ian Tack (Belgium)  
Zsolt Tulassay (Hungary)

## Local Committe

Miroslav Bekavac- Bešlin  
Željka Crnčević Orlić  
Veljko Đorđević  
Ivica Grgurević  
Sanja Klobučar Majanović  
Željko Krznarić  
Milan Kujundžić  
Sanjin Rački  
Dario Rahelić  
Alen Ružić  
Davor Štimac



# Programme

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## **Friday, October 24, 2014**

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19:00            Opening ceremony and Welcome cocktail

## **Saturday, October 25, 2014**

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### **PART 1      Epidemiology and pathophysiology of obesity**

***Chairs: Peter Malferteiner (Germany), Davor Štimac (Croatia)***

- 08:30 – 08:50    Epidemiological trends of metabolic syndrome affecting GI diseases  
Peter Malferteiner (Germany)
- 08:55 – 09:15    Obesity in Croatia and neighboring countries – is there any good news?  
Sanja Musić Milanović (Croatia)
- 09:20 – 09:40    Obesity – an inflammatory disease – Bojan Polić (Croatia)
- 09:45 – 10:05    The role of microbiota in the pathophysiology of obesity  
Željko Krznarić (Croatia)
- 10:10 – 10:30    Principles of neuroendocrine regulation of hunger and satiety  
Eveline Deloose (Belgium)
- 10:30 - 10:40    Discussion
- 10:40 – 11:00    Coffee break

***Chairs: Heinz Hammer (Austria), Srđan Đuranović (Serbia)***

- 11:00 – 11:20    Gastric motility disorder and obesity – Dan Dumitrascu (Romania)
- 11:25 – 11:45    Bad adipose tissue – visceral adiposity – Željka Crnčević Orlić (Croatia)
- 11:50 – 12:10    New insights on metabolic syndrome (with case presentation)  
Lea Smirčić Duvnjak (Croatia)
- 12:10 – 12:15    Discussion

***Chairs: Zsolt Tulassay (Hungary), Željko Krznarić (Croatia)***

- 12:15 - 13:30    Health strategies to manage the epidemics of metabolic syndrome  
Heinz Hammer (Austria)  
Petr Dite (Czech Republic)  
Tomica Milosavljević (Serbia)
- 13:30 – 15:00    Lunch

### **PART 2      Real life management of obesity - a multidisciplinary approach**

***Chairs: Petr Dite (Czech Republic), Boris Vucelić (Croatia)***

- 15:00 – 15:20    Obesity and metabolic syndrome in the cardiovascular continuum  
Alen Ružić (Croatia)
- 15:25 – 15:45    Challenges in the treatment of obese diabetic  
Sanja Klobučar Majanović (Croatia)

- 15:50 – 16:10 Importance of glycemic index in the management of metabolic syndrome  
Dario Rahelić (Croatia)
- 16:15 – 16:25 Discussion
- 16:25 – 16:40 Coffee break
- Chairs: Bojan Teps̃ (Slovenia), Marko Banić (Croatia)***
- 16:40 – 17:00 The link between obesity and gastroesophageal disorders  
Franco Bazzoli (Italy)
- 17:05 – 17:25 The link between obesity and lower GI tract diseases  
Laszlo Herszeny (Hungary)
- 17:30 – 17:50 NASH: epidemiology, clinical presentation and treatment  
(with case presentation) – Sandra Milić (Croatia)
- 17:55 – 18:15 Protein, carbs and fats in personalised weight control - efficacy and safety  
Daria Vranešić Bender (Croatia)
- 18:15 – 18:30 Discussion
- 18:30 – 19:00 Satellite symposia
- 20:00 Dinner

## **Sunday, October 26, 2014**

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- Chairs: Jaroslaw Regula (Poland), Miroslav Šimunić (Croatia)***
- 09:30 – 09:50 Endoscopic approaches to obesity – Davor Štimac (Croatia)
- 09:55 – 10:15 Bariatric surgical procedures - an update – Lars Lundell (Sweden)
- 10:20 – 10:40 Management of medical complications of weight loss surgery  
Miroslav Bekavac-Bešlin (Croatia)
- 10:45 – 11:05 Role of cognitive-behavioral treatment in the management of obesity  
Veljko Đorđević (Croatia)
- 11:10 – 11:20 Discussion
- 11:20 – 11:40 Coffee break
- Chairs: Milenko Bevanda (Bosnia and Herzegovina), Miroslav Bekavac Bešlin (Croatia)***
- 11:40 – 12:40 Debate: Obesity and the risk of for GI cancer  
PROS Borut Štabuc (Slovenia)  
CONTRA Jaroslaw Regula (Poland)
- 12:40 Closing ceremony

# Registration Fees and General Information \_\_\_\_\_

## **COURSE VENUE:**

„Remisens Premium Hotel Kvarner“

Address: Ulica Pava Tomašića 2, 51410, Opatija

## **TECHNICAL ORGANIZER:**

A.T.I. d.o.o.

Zadarska 15, HR 52100 Pula, Croatia

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